

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1	278	Marco Miguel	00:34:20	01:11:56	01:11:54	1	Clube de Praças da Armada	Senior	1
2	537	Joao Antunes	00:34:22	01:12:04	01:12:01	2		Senior	2
3	447	José Gaspar	00:34:22	01:12:58	01:12:55	3		V40	1
4	547	Jorge Robalo	00:34:22	01:13:48	01:13:45	4		V35	1
5	469	Marco Cardoso	00:34:57	01:15:33	01:15:31	5	Vitória Futebol Clube	Senior	3
6	465	Marcelo Santos	00:35:01	01:15:39	01:15:36	6	Vitória Futebol Clube	Senior	4
7	419	Tony Calvo	00:35:46	01:16:50	01:16:47	7		V35	2
8	464	Luis Baço	00:35:27	01:17:06	01:17:03	8	Vitória Futebol Clube	V40	2
9	148	Rodrigo Carrilho	00:35:15	01:17:41	01:17:38	9	Casa Sport Lisboa e Benfica Vendas Novas	V35	3
10	553	Flávio Santos	00:36:41	01:18:27	01:18:23	10	Federação da Família para a Paz Mundial e Unifi	Senior	5
11	241	Nuno Carpinteiro	00:36:02	01:18:45	01:18:42	11		V35	4
12	455	João Catalão	00:36:57	01:20:12	01:20:10	12		Senior	6
13	358	Ana Lopes	00:38:15	01:22:23	01:22:20	13	Recreio Desportivo de Águeda	Senior	1
14	38	Paulo Cantante	00:38:29	01:23:08	01:23:05	14		V45	1
15	238	José Cabral	00:39:13	01:23:36	01:23:32	15		V60	1
16	467	Mark Ribeiro	00:37:35	01:24:04	01:24:00	16	Vitória Futebol Clube	Senior	7
17	189	Nuno Soares	00:38:13	01:25:07	01:25:02	17	Correr Lisboa	V35	5
18	220	João Recto	00:39:30	01:25:33	01:25:21	18	Escola de atletismo do Montijo	V35	6
19	534	Inês Marques	00:39:07	01:25:59	01:25:56	19	Escola de Atletismo de Coimbra / JPaiva	Senior	2

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20	390	Daniel Martins	00:39:30	01:26:58	01:26:54	20		V35	7
21	304	Samuel Galveia	00:39:55	01:27:04	01:27:00	21	Navigator Clube Setubal	V35	8
22	317	Ricardo Fernandes	00:40:42	01:27:42	01:27:40	22		Senior	8
23	327	Joaquim Pato	00:40:16	01:27:56	01:27:51	23	Grupo Barraqueiro	V45	2
24	153	Carlos Teixeira	00:41:27	01:27:57	01:27:51	24		V45	3
25	314	Jocimar Sacramento	00:40:28	01:28:29	01:28:22	25		Senior	9
26	470	José Santos	00:40:15	01:28:33	01:28:29	28		V40	3
27	222	Pedro Mestre	00:41:27	01:28:37	01:28:31	29	Rio Maior Triatlo Clube	V45	4
28	441	Laura Grilo	00:40:41	01:28:41	01:28:25	26	Clube de Praças da Armada	V35	1
29	372	Pedro Medley	00:41:33	01:28:44	01:28:28	27		Senior	10
30	430	Paulo Branco	00:42:20	01:29:07	01:28:56	30		V40	4
31	149	Nuno Dias	00:41:07	01:29:40	01:29:27	31		V40	5
32	451	João Gameiro	00:40:41	01:29:56	01:29:52	32		V45	5
33	260	João Rosa	00:39:54	01:30:17	01:30:14	33	Singarunners	Senior	11
34	156	Diogo Mourão	00:41:35	01:30:43	01:30:31	34		Senior	12
35	267	Rafael Abrunhosa	00:42:59	01:30:53	01:30:32	35		V50	1
36	209	Telmo Nogueira	00:42:19	01:31:13	01:30:58	36		V35	9
37	176	Nelson Coelho	00:40:42	01:31:13	01:31:09	37	Federação da Família para a Paz Mundial e Unifi	Senior	13
38	533	Verónica Scutaru	00:41:41	01:31:29	01:31:26	38	GDRC PONTERROLENSE	V40	1

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39	199	Rui Teixeira	00:41:54	01:31:44	01:31:33	39		Senior	14
40	172	Alberto Silva	00:42:20	01:32:05	01:32:01	40		V40	6
41	40	Mário Borges	00:41:29	01:32:37	01:32:20	41		Senior	15
42	75	Jorge Nabais	00:42:07	01:32:58	01:32:52	42		V35	10
43	394	Miguel Azevedo	00:43:05	01:33:09	01:32:53	43		Senior	16
44	131	Paulo Sousa	00:42:18	01:33:10	01:33:05	44		V40	7
45	404	João Moniz	00:42:30	01:33:15	01:33:14	47		Senior	17
46	291	Bruno Canhão	00:43:10	01:33:18	01:33:08	46		Senior	18
47	323	João Paixão	00:43:23	01:33:22	01:33:06	45	NAPA - Núcleo Amigos Perna Assada	V45	6
48	21	Luis Aniceto	00:43:23	01:33:28	01:33:23	48	Singarunners	V60	2
49	330	Luis Carpelho	00:42:20	01:33:50	01:33:45	51		V45	7
50	434	Vitor Candeias	00:44:24	01:33:54	01:33:45	52		V45	8
51	432	Sofia Monteiro	00:44:24	01:33:54	01:33:45	53		V35	2
52	24	Júlio Silva	00:45:05	01:33:54	01:33:35	49		V50	2
53	324	Luis Mendes	00:44:19	01:33:58	01:33:41	50	NAPA - Núcleo Amigos Perna Assada	V45	9
54	338	Feliciano Condesso	00:44:46	01:34:43	01:34:26	54		Senior	19
55	159	Ulisses Alves	00:42:39	01:34:48	01:34:27	55		V45	10
56	398	Carlo Almeida	00:45:12	01:34:59	01:34:30	56		V40	8
57	50	Carlos França	00:43:50	01:34:59	01:34:55	57	CAD a Correr	V40	9

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58	76	Rute Martins	00:43:23	01:35:24	01:35:19	61		Senior	3
59	474	Fábio Teixeira	00:45:03	01:35:30	01:35:13	59		V35	11
60	393	Vitor Cunha	00:44:08	01:35:34	01:35:06	58		V50	3
61	81	David Martins	00:43:28	01:35:45	01:35:41	65		Senior	20
62	221	Pedro Pisco	00:44:30	01:35:46	01:35:16	60		V40	10
63	485	Ricardo Mendes	00:44:19	01:35:48	01:35:33	63		V35	12
64	420	Paulo Manteigas	00:44:42	01:35:50	01:35:31	62		V35	13
65	277	Carlos Palmeiro	00:44:59	01:35:57	01:35:36	64		V35	14
66	207	Miguel Ribeiro	00:43:10	01:36:15	01:36:09	67		V45	11
67	243	Paulo Toledo	00:43:23	01:36:17	01:36:13	68		V55	1
68	139	Ricardo Silva	00:44:33	01:36:22	01:36:07	66		V35	15
69	281	Luís Martins	00:44:03	01:36:22	01:36:16	69		V50	4
70	123	Jorge Vaz	00:44:29	01:36:41	01:36:36	70		V45	12
71	508	Rodrigo Cunha	00:47:18	01:37:04	01:36:37	71		Junior	1
72	538	Tiago Marques	00:44:25	01:37:04	01:36:51	73		Senior	21
73	83	Mário Parrulas	00:46:10	01:37:09	01:36:49	72		V45	13
74	259	Jose Figueiredo	00:44:39	01:37:09	01:37:02	74		V60	3
75	187	Edson Oliveira	00:46:39	01:37:31	01:37:04	75		V35	16
76	403	Luís Romão	00:47:05	01:37:36	01:37:13	76		V45	14

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77	360	Gabriel Fernandes	00:47:19	01:37:40	01:37:20	77		Senior	22
78	140	Sergio Jacinto	00:44:37	01:37:58	01:37:52	78		V45	15
79	336	Licínio Fidalgo	00:44:09	01:38:29	01:38:22	79		V55	2
80	108	Paulo Palma	00:45:32	01:38:38	01:38:31	80		V55	3
81	431	Tiago Marcelino	00:46:57	01:38:52	01:38:31	81		V40	11
82	210	Adriano Reis	00:45:18	01:38:53	01:38:40	82		V40	12
83	169	João Alves	00:44:26	01:38:55	01:38:51	84		Senior	23
84	412	Fernando Ferreira	00:45:28	01:39:02	01:38:49	83		V65	1
85	198	Joao Almeida	00:44:09	01:39:12	01:39:05	85		V40	13
86	250	Carlos Caetano	00:44:19	01:39:17	01:39:11	86		V45	16
87	373	Nuno Correia	00:47:34	01:39:36	01:39:29	88	GDINE	V50	5
88	68	Francisco Zambujo	00:44:09	01:39:41	01:39:37	93	Singarunners	V40	14
89	219	Mathieu Lechleider	00:47:56	01:39:49	01:39:29	89		V35	17
90	339	Tiago Cortez	00:46:24	01:39:50	01:39:22	87		Senior	24
91	146	Tiago Oliveira	00:45:44	01:39:52	01:39:36	92		Senior	25
92	129	Nuno Melo	00:45:16	01:39:54	01:39:34	90		V40	15
93	78	Nuno Gonçalves	00:47:11	01:40:01	01:39:35	91		V40	16
94	326	Alexandre Figueiredo	00:47:11	01:40:12	01:39:55	94	NAPA - Núcleo Amigos Perna Assada	V45	17
95	325	Célia Cecílio	00:47:14	01:40:12	01:39:57	95	NAPA - Núcleo Amigos Perna Assada	V45	1

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96	550	Francisco Moleta	00:45:40	01:40:15	01:40:00	96		V60	4
97	513	Rui Simplício	00:47:04	01:40:21	01:40:03	97		V45	18
98	271	João Gonçalves	00:47:17	01:40:28	01:40:16	99		V35	18
99	174	Mário Conduto	00:47:39	01:40:35	01:40:09	98		V35	19
100	18	Leandro Garcia	00:45:54	01:40:36	01:40:27	102		V35	20
101	293	Fernando Castela	00:47:30	01:40:37	01:40:26	101		V45	19
102	132	Samuel Matias	00:48:30	01:40:38	01:40:25	100		Senior	26
103	16	Pedro Santos	00:45:58	01:40:46	01:40:38	104		V40	17
104	357	Carlos Abrunhosa	00:47:12	01:40:58	01:40:35	103	Clube Millennium bcp	V45	20
105	234	Heytor Santos	00:46:03	01:41:05	01:40:44	105		V35	21
106	335	Miguel Velez	00:47:29	01:41:11	01:40:58	106		V55	4
107	155	Humberto Castanheira	00:46:46	01:41:20	01:41:08	108		V50	6
108	224	Mário Pinheiro	00:47:07	01:41:25	01:41:17	109	Os Coxos e o Miguel	V45	21
109	402	Antonio Silva	00:45:08	01:41:30	01:41:27	113		V45	22
110	59	Vitor Canto	00:46:21	01:41:30	01:41:23	112		V45	23
111	341	Bruno Jerónimo	00:46:46	01:41:32	01:41:04	107		Senior	27
112	242	Miguel Dinis	00:46:47	01:41:32	01:41:18	110		V45	24
113	435	Isabel Silva	00:48:06	01:41:33	01:41:30	116		Senior	4
114	456	Rui Geraldes	00:48:10	01:41:34	01:41:30	117		V45	25

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115	422	Manuel Silva	00:46:10	01:41:34	01:41:29	115		V40	18
116	409	Mário Almeida	00:48:01	01:41:34	01:41:22	111		V35	22
117	433	Raul Wiljoen	00:45:16	01:41:40	01:41:30	118		V50	7
118	193	Fernando Baptista	00:47:14	01:41:50	01:41:28	114		V45	26
119	178	Emanuel Pereira	00:46:49	01:42:00	01:41:49	119		Senior	28
120	524	José Gomes	00:49:04	01:42:11	01:41:56	121		Senior	29
121	237	Ricardo Trigueiro	00:46:09	01:42:13	01:41:55	120		V35	23
122	478	Iuri Leandro	00:42:31	01:42:14	01:42:06	123		Senior	30
123	71	Pedro Pereira	00:47:04	01:42:16	01:41:59	122		V40	19
124	121	Luis Jose	00:48:44	01:42:27	01:42:17	124		V45	27
125	254	Vitor Martins	00:46:34	01:42:49	01:42:38	127		V60	5
126	103	Miguel Tavares	00:47:11	01:42:52	01:42:26	125		V45	28
127	212	Ricardo Domingues	00:46:52	01:42:56	01:42:51	129		Senior	31
128	228	António Ferreira	00:47:47	01:43:05	01:42:42	128		V50	8
129	410	Claudio Pizarro	00:45:23	01:43:05	01:42:37	126		V35	24
130	258	Marco Moura	00:47:16	01:43:11	01:43:04	131		V40	20
131	106	João Vilares	00:47:25	01:43:15	01:42:58	130		Senior	32
132	150	Carlos Jesus	00:46:33	01:43:25	01:43:16	133		V35	25
133	124	Renato Sacramento	00:46:26	01:43:28	01:43:17	134		V45	29

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134	468	Gumersindo Rodrigues	00:47:06	01:43:29	01:43:25	135	Vitória Futebol Clube	V65	2
135	263	Tito Pereira	00:52:06	01:43:32	01:43:07	132	G.D.R. São Francisco da Serra	V35	26
136	208	Luís Ferreira	00:48:33	01:43:55	01:43:28	136		Senior	33
137	192	Luis Ferreira	00:48:33	01:43:55	01:43:29	137		V50	9
138	349	Jorge Romao	00:46:02	01:44:05	01:43:55	140	Clube Millennium bcp	V40	21
139	181	Pedro Agostinho	00:47:44	01:44:05	01:43:49	138		V50	10
140	102	João Caldeira	00:47:07	01:44:08	01:43:56	141		Senior	34
141	158	Paulo Almeida	00:47:03	01:44:10	01:43:54	139	Associação de jovens da landeira	V40	22
142	137	Roberto Ferreira	00:47:30	01:44:20	01:44:14	143		Senior	35
143	362	Ricardo Vitória	00:48:08	01:44:24	01:43:59	142		V40	23
144	251	Nuno Cruz	00:48:30	01:44:35	01:44:27	144		V35	27
145	232	Nuno Lopes	00:47:29	01:44:42	01:44:39	146		V35	28
146	183	Pedro Carvalho	00:47:30	01:44:48	01:44:38	145		V55	5
147	454	José Rodrigues	00:47:08	01:44:57	01:44:49	148		V55	6
148	133	Sergio Santana	00:49:07	01:45:08	01:44:41	147		V35	29
149	125	Joao Ferreira	00:49:12	01:45:15	01:44:58	149		V45	30
150	60	Thiago Boni	00:47:24	01:45:32	01:45:25	150		V35	30
151	113	Paulo Rebelo	00:47:25	01:45:55	01:45:48	152		Senior	36
152	354	Pedro Sa	00:52:20	01:45:57	01:45:45	151	Clube Millennium bcp	V45	31



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153	20	Nuno Dias	00:49:25	01:46:08	01:45:58	156		Senior	37
154	19	Bruno Dias	00:49:25	01:46:09	01:46:00	157		Senior	38
155	515	Carla Pereira	00:48:09	01:46:12	01:45:51	153		V35	3
156	97	Ezequiel Oliveira	00:48:09	01:46:14	01:45:54	154	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V40	24
157	185	André Graça	00:46:52	01:46:18	01:46:03	158		Senior	39
158	276	Hélio Garcia	00:50:24	01:46:18	01:45:56	155		V40	25
159	33	Hugo Queimado	00:47:40	01:46:28	01:46:21	159		V40	26
160	63	Eduardo Silva	00:50:21	01:46:28	01:46:25	160		V55	7
161	173	Henrique Martins	00:48:41	01:46:53	01:46:44	162		V55	8
162	231	Hugo Viegas	00:47:28	01:46:58	01:46:55	163		V40	27
163	333	Johanna Risse	00:51:16	01:47:00	01:46:33	161		Senior	5
164	229	Luís Pestana	00:50:08	01:47:24	01:47:12	164		V45	32
165	72	João Almeida	00:51:10	01:47:40	01:47:18	165		Senior	40
166	368	Luís Morgado	00:47:08	01:47:42	01:47:25	166		Junior	2
167	66	João Santos	00:50:04	01:47:49	01:47:39	167		V55	9
168	288	José Alves	00:49:48	01:47:57	01:47:52	168		V50	11
169	297	Guilherme Farias	00:59:01	01:48:20	01:48:04	169		Senior	41
170	423	Fernando Alvim	00:49:40	01:48:23	01:48:04	170	Alvins Runners	V45	33
171	116	Álvaro Francisco	00:50:07	01:48:25	01:48:07	171		V65	3

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172	180	Vasco Agostinho	00:48:07	01:48:37	01:48:20	172		V50	12
173	369	Dário Nobre	00:50:21	01:48:47	01:48:30	173		Senior	42
174	62	Claudio Casado	00:49:11	01:49:07	01:48:56	176		V40	28
175	96	Joao Bogalheiro	00:49:59	01:49:08	01:49:00	177		V50	13
176	160	André Bandeira	00:51:56	01:49:13	01:48:55	175		V40	29
177	279	Ricardo Ramos	00:47:14	01:49:18	01:48:49	174		Senior	43
178	255	Carlos Teixeira	00:49:44	01:49:23	01:49:12	179		V55	10
179	269	Sandra Monteiro	00:48:48	01:49:23	01:49:03	178		V40	2
180	379	Tito Nascimento	00:50:30	01:49:39	01:49:25	182		V35	31
181	175	Samuel Reis	00:46:36	01:49:43	01:49:31	183		Senior	44
182	405	Manuel Felizardo	00:49:47	01:49:45	01:49:21	180		V45	34
183	322	João Dias	00:47:06	01:49:51	01:49:33	184		V55	11
184	301	Luís Avó	00:52:07	01:49:53	01:49:22	181		V40	30
185	94	Sara Tainha	00:52:15	01:49:58	01:49:40	185		Senior	6
186	84	Luís Fernandes	00:50:15	01:50:00	01:49:52	187		V60	6
187	213	Jose Gomes	00:48:35	01:50:08	01:49:45	186		V40	31
188	481	Sérgio Duro	00:48:16	01:50:12	01:50:05	189		V35	32
189	190	Pedro Oliveira	00:49:32	01:50:14	01:50:07	191	LH Ginasio	V35	33
190	13	Sérgio Casal	00:48:35	01:50:15	01:50:03	188	Vitória Futebol Clube	V50	14

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
191	401	Paulo Garrudo	00:49:33	01:50:20	01:50:06	190		V40	32
192	93	Pedro Barata	00:48:35	01:50:21	01:50:09	192		V40	33
193	367	Inês Claudina	00:49:42	01:50:28	01:50:18	195	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	Senior	7
194	85	Nelson Fernandes	00:51:01	01:50:32	01:50:17	194		V35	34
195	350	Rodrigo Ferreira	00:52:13	01:50:34	01:50:16	193	Clube Millennium bcp	V35	35
196	87	David Neves	00:51:34	01:50:46	01:50:28	196		V35	36
197	86	Filipa Veloso	00:51:34	01:50:46	01:50:29	197		Senior	8
198	128	Rui Lóio	00:47:40	01:50:49	01:50:44	198		V50	15
199	126	João Saldanha	00:53:02	01:50:58	01:50:46	199		V45	35
200	45	Hélio Barrelas	00:50:53	01:51:12	01:51:01	200		V35	37
201	161	Miguel Saturnino	00:50:28	01:51:15	01:51:05	202		Senior	45
202	162	Afonso Carvalho	00:50:28	01:51:15	01:51:04	201		Senior	46
203	104	Tiago Oliveira	00:48:30	01:51:24	01:51:12	203		Senior	47
204	154	Bruno Piedade	00:49:39	01:51:25	01:51:19	205		V45	36
205	92	Andre Martins	00:51:52	01:51:37	01:51:28	209		V35	38
206	302	João Carrajola	00:49:24	01:51:42	01:51:18	204		Senior	48
207	516	Susana Jeremias	00:50:07	01:51:43	01:51:37	211		V45	2
208	421	Pedro Gouveia	00:50:38	01:51:44	01:51:25	208		V45	37
209	264	Luís Gonçalves	00:52:04	01:51:48	01:51:24	207	G.D.R. São Francisco da Serra	V40	34

**ALEGRO,**  
**SETUBAL**  
meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
210	378	João Teixeira	00:52:06	01:51:48	01:51:24	206		V45	38
211	39	Nuno Marques	00:53:00	01:51:53	01:51:32	210		V40	35
212	337	Ângelo Mendes	00:49:54	01:51:57	01:51:48	212		V45	39
213	387	João Nóbrega	00:47:36	01:52:18	01:52:10	214		Senior	49
214	240	Luís Caldeira	00:51:42	01:52:19	01:52:06	213		V45	40
215	186	Pedro Navalho	00:50:22	01:52:21	01:52:12	215		V45	41
216	303	Marcelo Espargueira	00:48:25	01:52:22	01:52:16	216	Navigator Clube Setubal	Senior	50
217	545	Duarte Porém	00:50:28	01:52:45	01:52:38	220		V50	16
218	114	João Alves	00:52:13	01:52:47	01:52:18	217		V55	12
219	203	Hugo Moura	00:50:15	01:52:50	01:52:23	218		V45	42
220	377	Paulo Lourenço	00:50:10	01:52:53	01:52:37	219		V45	43
221	285	Lino Vaz	00:50:23	01:53:09	01:52:50	221		V40	36
222	141	Paulo Manaças	00:50:00	01:53:19	01:53:15	224		V45	44
223	268	Nuno Barreto	00:48:47	01:53:28	01:53:09	222		V45	45
224	138	José Rato	00:50:04	01:53:31	01:53:27	227		V60	7
225	211	Renato Domingos	00:51:59	01:53:32	01:53:09	223		Senior	51
226	88	Nuno Silva	00:50:16	01:53:38	01:53:24	226		V40	37
227	266	Paulo Pereira	00:51:13	01:53:48	01:53:23	225		V50	17
228	424	Edna Alvim	00:50:20	01:53:50	01:53:32	228	Alvins Runners	V45	3

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
229	311	Rui Sá	00:52:08	01:54:09	01:53:55	229		V35	39
230	386	Ricardo Monteiro	00:51:41	01:54:21	01:54:09	231	werunteam	V40	38
231	249	José Trindade	00:53:21	01:54:23	01:54:00	230		V35	40
232	214	Adelino Pereira	00:52:15	01:54:37	01:54:14	232	Run2Finish.PT	V55	13
233	391	José Salgado	00:51:53	01:54:48	01:54:26	233		V50	18
234	204	Cláudio Pereira	00:52:15	01:54:49	01:54:28	234		V40	39
235	101	Henrique Pereira	00:52:49	01:54:51	01:54:36	235		V40	40
236	122	Joel Mósca	00:52:49	01:54:53	01:54:37	236		V50	19
237	463	Paulo Bibe	00:51:55	01:55:00	01:54:56	239		V45	46
238	453	Isabel Pisco	00:51:56	01:55:00	01:54:54	238		V50	1
239	328	Bruno Jota	00:55:40	01:55:09	01:54:43	237		Senior	52
240	361	Claudia Saraiva	00:52:49	01:55:20	01:55:01	240		V40	3
241	436	Carlos Ferreira	00:52:50	01:55:28	01:55:03	241		Senior	53
242	539	Rui Salvado	00:56:45	01:55:34	01:55:12	244		V45	47
243	497	Mario Santana	00:55:40	01:55:34	01:55:07	242		V35	41
244	47	Armando Geraldo	00:53:00	01:55:38	01:55:09	243		V45	48
245	197	Pedro Nobre	00:51:52	01:55:41	01:55:31	246		V40	41
246	215	Thelmo Cunha	00:52:24	01:55:46	01:55:22	245	Run2Finish.PT	V55	14
247	346	Luis Baixinho	00:52:41	01:55:54	01:55:43	248	Clube Millennium bcp	V35	42

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
248	134	Daniel Lima	00:50:38	01:56:01	01:55:34	247		Senior	54
249	30	Mónica Mendonça	00:52:20	01:56:06	01:55:45	249		V45	4
250	428	Joaquim Espanhol	00:52:14	01:56:16	01:55:55	250		V55	15
251	312	José Santos	00:52:23	01:56:17	01:55:57	251		V45	49
252	313	Márcio Santos	00:52:24	01:56:17	01:55:57	252		Senior	55
253	248	Jorge Côco	00:47:36	01:56:20	01:56:11	255		V40	42
254	171	Dangelis Santos	00:52:58	01:56:23	01:56:01	254		Senior	56
255	396	Carlos Rodrigues	00:50:44	01:56:24	01:55:59	253		V45	50
256	32	Jonatas Santos	00:48:26	01:56:26	01:56:22	260		V40	43
257	191	Carla Lameiras	00:51:54	01:56:26	01:56:19	256	LH Ginasio	V35	4
258	179	Messias Azevedo	00:52:14	01:56:40	01:56:19	257		V45	51
259	418	Carmen Viegas	00:52:06	01:56:43	01:56:20	259	Lebres de Domingo	V40	4
260	417	Hugo Bernardino	00:52:06	01:56:43	01:56:19	258	Lebres de Domingo	V40	44
261	182	Catarina Lourenço	00:52:03	01:56:58	01:56:28	261		V40	5
262	392	Lendl Ferreira	00:51:41	01:57:05	01:56:54	263	werunteam	V35	43
263	61	Pedro Correia	00:55:13	01:57:08	01:56:58	264		V45	52
264	265	Francisco Macheta	00:52:53	01:57:17	01:56:51	262		V45	53
265	457	Nuno Silva	00:51:25	01:57:43	01:57:39	265		V40	45
266	340	Nuno José	00:53:43	01:58:19	01:57:59	267		V45	54

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
267	275	Joao Ribeiro	00:53:58	01:58:21	01:57:53	266	RIBEIROS6	Senior	57
268	236	João Maiamiguel	00:53:50	01:58:27	01:58:20	269		V40	46
269	223	Cláudia Novais	00:53:57	01:58:37	01:58:10	268	Rio Maior Triatlo Clube	V45	5
270	292	Márcio Rodrigues	00:53:43	01:58:53	01:58:28	270		V40	47
271	282	Manuel Vaz	00:51:56	01:59:14	01:59:06	271		V60	8
272	245	Luis Rego	00:53:57	01:59:20	01:59:06	272		V40	48
273	399	Heridiany Bastos	00:51:56	01:59:39	01:59:14	273		Senior	9
274	331	Sérgio Vasco	00:53:07	01:59:47	01:59:25	274		V35	44
275	246	Carlos Azevedo	00:52:55	02:00:14	01:59:57	275		V55	16
276	80	Diogo Barata	00:51:43	02:00:15	02:00:05	276		V35	45
277	70	Luís Duarte	00:52:49	02:00:15	02:00:06	277		V50	20
278	127	Carlos Neves	00:53:02	02:01:09	02:00:57	279		V50	21
279	130	José Alves	00:54:05	02:01:15	02:00:59	280		V55	17
280	200	Pedro Lopes	00:56:00	02:01:28	02:00:57	278	Serrado FC Atletismo	V45	55
281	476	Álvaro Lopes	00:54:31	02:01:41	02:01:25	282		V50	22
282	343	Rui Gomes	00:59:11	02:01:42	02:01:31	283		V40	49
283	552	Luis Cabeça	00:52:54	02:01:43	02:01:24	281		V50	23
284	48	Carlos Marques	00:58:18	02:01:58	02:01:44	284		V60	9
285	414	Filipe Pereira	00:52:54	02:02:06	02:01:44	285	Núcleo Bicross de Setúbal / VS Publicidade	V35	46

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
286	413	João Conceição	00:52:54	02:02:06	02:01:45	286	Núcleo Bicross de Setúbal / VS Publicidade	Senior	58
287	99	Mafalda Nunes	00:56:34	02:02:33	02:02:18	288	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V50	2
288	77	José Oliveira	00:56:33	02:02:34	02:02:22	289		V45	56
289	44	Nuno Pacheco	00:56:34	02:02:35	02:02:22	290		V45	57
290	11	Martin Vosjan	00:54:56	02:02:41	02:02:18	287		V45	58
291	344	Pedro Pereira	01:01:12	02:02:43	02:02:32	291	Clube Millennium bcp	V50	24
292	29	Paulo Mendonça	00:53:18	02:03:13	02:02:51	292		V40	50
293	145	Fátima Rodrigues	00:55:13	02:03:28	02:03:18	294		V50	3
294	216	Manuel Anastácio	00:58:12	02:03:37	02:03:12	293	Run2Finish.PT	V50	25
295	112	Francisco Rebelo	00:54:53	02:03:58	02:03:51	296		V50	26
296	177	António Antunes	00:54:57	02:04:05	02:03:42	295		V60	10
297	262	Laercio Júnior	00:55:33	02:04:18	02:04:00	297		V60	11
298	347	Jose Rebelo	00:55:35	02:04:24	02:04:17	299	Clube Millennium bcp	V50	27
299	283	Sérgio Amaral	00:53:41	02:04:24	02:04:11	298		V40	51
300	147	Mario Santos	00:53:00	02:04:25	02:04:17	300		V50	28
301	342	Alberto Pimenta	00:55:33	02:04:49	02:04:36	304		V60	12
302	111	Nuno Simão	00:54:55	02:04:50	02:04:31	301		V50	29
303	406	Nuno Afonso	00:56:52	02:04:52	02:04:35	303		V40	52
304	411	Daniela Amaro	00:56:24	02:04:52	02:04:49	305		Senior	10



# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
305	407	Marlene Mendes	00:56:53	02:04:53	02:04:35	302		V40	6
306	120	Pedro Silva	00:55:41	02:05:35	02:05:29	309		V40	53
307	332	Jorge Gois	00:57:16	02:05:38	02:05:19	306		V50	30
308	23	Maria Santos	00:55:20	02:05:40	02:05:36	310	Singarunners	V40	7
309	67	Vanda Parreira	00:55:20	02:05:42	02:05:38	311	Singarunners	V40	8
310	351	Pedro Almeida	00:55:20	02:05:43	02:05:38	312	Clube Millennium bcp	V35	47
311	164	Marco Machado	00:59:54	02:05:50	02:05:28	308		V45	59
312	300	João Santana	01:01:05	02:05:52	02:05:25	307		Senior	59
313	438	Rui Miranda	00:54:11	02:05:52	02:05:39	313		V35	48
314	450	Carlos Caliman	00:57:23	02:05:57	02:05:45	314		V50	31
315	218	Daniel Ferreira	00:59:00	02:06:19	02:05:48	315		V35	49
316	42	Pedro Soares	01:07:12	02:06:27	02:06:04	316	casa do monte	V45	60
317	100	Telmo Rodrigues	00:59:18	02:06:55	02:06:32	317		V35	50
318	273	Luis Ribeiro	00:57:23	02:07:01	02:06:33	318	RIBEIROS6	V55	18
319	119	Joaquim Viegas	00:53:34	02:07:02	02:06:55	322		V65	4
320	274	Vitor Marques	00:57:22	02:07:02	02:06:33	319	RIBEIROS6	V55	19
321	31	Luisa Cruz	00:55:41	02:07:02	02:06:59	323		V45	6
322	290	João Silva	00:56:50	02:07:09	02:06:40	320		V45	61
323	256	António Moreira	00:56:50	02:07:09	02:06:40	321		V45	62

# ALEGRO, SETUBAL

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# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
324	117	Filipe Mateus	00:54:02	02:07:45	02:07:33	325		Senior	60
325	477	José Ruaz	01:00:22	02:07:47	02:07:19	324		V40	54
326	475	Pedro Gomes	00:53:32	02:08:28	02:08:23	326		Senior	61
327	57	Tania Azevedo	00:57:05	02:08:34	02:08:29	328		V40	9
328	294	Pedro Figueira	00:47:04	02:08:35	02:08:29	329		V35	51
329	170	Andreia Cardador	00:58:55	02:08:42	02:08:24	327		V40	10
330	217	Jorge Monteiro	00:58:12	02:09:09	02:08:44	330	Run2Finish.PT	V50	32
331	166	Carlos Paiva	01:01:03	02:10:10	02:09:47	331	Clube do Stress	V60	13
332	46	Vladimiro Sabino	00:57:32	02:10:11	02:09:55	332		V40	55
333	555	Filipe Marques	01:02:12	02:10:16	02:09:59	333		Senior	62
334	491	Rui Marques	01:02:02	02:10:22	02:10:08	334		V45	63
335	492	Pedro Marques	01:02:02	02:10:23	02:10:08	335		V35	52
336	429	Sarah Pflügler	01:01:16	02:11:31	02:11:04	336		Senior	11
337	298	Helder Faia	00:58:55	02:11:40	02:11:30	337		V35	53
338	280	Tiago Francisco	00:56:24	02:12:05	02:11:50	338		Senior	63
339	511	Andreia Oliveira	00:55:48	02:12:27	02:12:18	339		V40	11
340	239	Paula Oliveira	00:59:06	02:12:40	02:12:31	340		V45	7
341	98	Nidia Valadares	00:58:34	02:13:01	02:12:40	342	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V40	12
342	157	Luís Fernandes	00:53:08	02:13:03	02:12:38	341		V45	64

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
343	286	Helder Vidal	00:58:05	02:13:07	02:12:41	343		V45	65
344	437	Raphael Campos	01:02:21	02:13:08	02:12:48	344		Senior	64
345	284	Serhii Smaha	00:59:07	02:13:52	02:13:35	345		V65	5
346	270	Nuno Requeijão	01:00:08	02:14:36	02:14:07	346		V40	56
347	136	Sérgio Oliveira	00:54:47	02:14:57	02:14:44	347		V35	54
348	196	Raul Ribeiro	01:00:39	02:15:39	02:15:24	348		Senior	65
349	374	João Santos	01:04:10	02:16:22	02:16:07	349		V45	66
350	529	Luisa Henriques	01:00:24	02:16:36	02:16:28	350		V40	13
351	168	Joaquim Leal	01:01:03	02:17:15	02:16:51	351	Clube do Stress	V55	20
352	305	Fernando Martinho	00:59:06	02:17:18	02:16:54	352	Navigator Clube Setubal	V55	21
353	36	Fernando Gomes	00:56:21	02:17:27	02:17:23	355		V55	22
354	443	Júlio Moreira	00:56:21	02:17:27	02:17:22	353		V35	55
355	12	Jorge Sousa	00:59:06	02:17:30	02:17:22	354		V40	57
356	543	Amadeu Brandão	00:59:05	02:17:31	02:17:27	356		V65	6
357	184	Cláudia Simões	00:57:04	02:17:37	02:17:33	357		V45	8
358	227	Filipa Melo	01:01:04	02:18:11	02:17:51	359		V35	5
359	226	Rui Melo	01:01:04	02:18:11	02:17:50	358		V35	56
360	25	Fernando Teixeira	01:00:34	02:18:34	02:18:20	360		V55	23
361	517	Odília Pereira	01:00:24	02:18:47	02:18:38	361		V45	9

# ALEGRO, SETUBAL meia maratona'19

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
362	320	Américo Costa	01:04:10	02:18:59	02:18:48	363		V45	67
363	321	Anabela Meia-Via	01:04:13	02:18:59	02:18:44	362		V50	4
364	389	Tiago Silva	00:55:37	02:19:05	02:18:58	364		Senior	66
365	388	Américo Cacheira	00:55:37	02:19:05	02:18:58	365		V55	24
366	296	Gonçalo Farias	00:59:01	02:19:59	02:19:43	366		Senior	67
367	287	Rui Sabino	01:00:29	02:20:22	02:19:52	367		V45	68
368	356	Maria Folques	01:01:13	02:20:29	02:20:19	368	Clube Millennium bcp	V45	10
369	202	Catarina Barreiro	01:04:27	02:20:49	02:20:25	369		Senior	12
370	366	Lídia Vieira	01:03:12	02:21:05	02:20:55	370	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	11
371	247	Alexandre Oliveira	01:01:11	02:22:19	02:22:00	371		V40	58
372	235	Eduardo Amorim	01:06:12	02:23:49	02:23:21	372		V45	69
373	43	Fernanda Afonso	01:07:12	02:24:01	02:23:38	373	casa do monte	V50	5
374	152	Miguel Silva	01:05:21	02:24:08	02:24:01	375		V40	59
375	201	Marco Passinhas	01:04:58	02:24:20	02:23:50	374		V40	60
376	225	Helena Oliveira	01:03:42	02:24:39	02:24:30	376	FIDELIDADE GDC	V50	6
377	334	Aline Santos	00:59:54	02:27:19	02:27:00	377		Senior	13
378	151	Raquel Silva	01:05:21	02:27:40	02:27:31	378		V40	14
379	17	José Gonçalves	01:02:08	02:31:02	02:30:45	379		V75	1
380	74	Miguel Cirne	01:09:08	02:33:32	02:33:08	380		Senior	68

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# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 10 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
381	73	Diana Cirne	01:09:12	02:33:32	02:33:09	381		Senior	14
382	261	Nelson Santos	01:03:14	02:33:45	02:33:32	382		Senior	69
383	384	Joaquim Pereira	00:39:23	02:35:10	02:34:45	383		V75	2
384	395	Paulo Bastos	01:03:42	02:35:19	02:35:00	384		V50	33
385	15	Paulo Sena	00:57:24	02:38:50	02:38:25	385		V45	70
386	142	Celso Fernandes	01:09:18	02:45:40	02:45:34	386		V45	71
387	444	Duarte Marques	01:06:42	02:46:12	02:45:51	387		Senior	70